

Ryan O'Callaghan's plan was always to play football and then, when his career was over, kill himself. Growing up in a politically conservative corner of California, the not-so-subtle messages he heard as a young man from his family and from TV and film routinely equated being gay with disease and death. Letting people in on the darkest secret he kept buried inside was not an option: better death with a secret than life as a gay man. As a kid, Ryan never envisioned just how far his football career would take him. He was recruited by the University of California, Berkeley, where he spent five seasons, playing alongside his friend Aaron Rodgers. Then it was on to the NFL for stints with the almost-undefeated New England Patriots and the often-defeated Kansas City Chiefs. Bubbling under the surface of Ryan's entire NFL career was a collision course between his secret sexuality and his hidden drug use. When the league caught him smoking pot, he turned to NFL-sanctioned prescription painkillers that quickly sent his life into a tailspin. As injuries mounted and his daily intake of opioids reached a near-lethal level, he wrote his suicide note to his parents and plotted his death. Yet someone had been watching. A member of the Chiefs organization stepped in, recognizing the signs of drug addiction. Ryan reluctantly sought psychological help, and it was there that he revealed his lifelong secret for the very first time. Nearing the twilight of his career, Ryan faced the ultimate decision: end it all, or find out if his family and football friends could ever accept a gay man in their lives.

Singled Out Sep 03 2022 *"[An] excellent exercise in narrative nonfiction." --Booklist (starred review) From New York Times bestselling author Andrew Maraniss comes the remarkable true story of Glenn Burke, a "hidden figure" in the history of sports: the inventor of the high five and the first openly gay MLB player. Perfect for fans of Steve Sheinkin and Daniel James Brown. On October 2nd, 1977, Glenn Burke, outfielder for the Los Angeles Dodgers, made history without even swinging a bat. When his teammate Dusty Baker hit a historic home run, Glenn enthusiastically congratulated him with the first ever high five. But Glenn also made history in another way--he was the first openly gay MLB player. While he did not come out publicly until after his playing days were over, Glenn's sexuality was known to his teammates, family, and friends. His MLB career would be cut short after only three years, but his legacy and impact on the athletic and LGBTQIA+ community would resonate for years to come. New York Times bestselling author Andrew Maraniss tells the story of Glenn Burke: from his childhood growing up in Oakland, his journey to the MLB and the World Series, the joy in discovering who he really was, to more difficult times: facing injury, addiction, and the AIDS epidemic. Packed with black-and-white photographs and thoroughly researched, never-before-seen details about Glenn's life, *Singled Out* is the fascinating story of a trailblazer in sports--and the history and culture that shaped the world around him. Praise for *Singled Out*: "A compelling narrative . . . This is a meticulously researched history of the ways queer culture in the '70s intersected with baseball, Blackness, and larger culture wars, with one man at their center." --Kirkus Reviews

The Impact of Tablet PCs and Pen-based Technology on Education Dec 02 2019 The tablet PC and similar pen-based devices are being embraced by a wide variety of disciplines as tools for the radical enhancement of teaching and learning. Deployments of Tablet PCs span all the K-12, higher education, and graduate levels and deal with an amazingly diverse range of subject areas, including geology, writing, mathematics, computer science, Japanese language, physics, engineering, business, economics, and technical communications. Despite the diversity of content areas, many deployments generate a singular passion among students and teachers. In April of 2006, a group of educators gathered to exchange ideas at the First Workshop on the Impact of Pen-based Technology on Education (WIPTe). The editors have selected a subset of papers that were presented at WIPTe for inclusion in this book. The papers have been selected for their broad appeal, diverse content, and insightful evaluations. The collective experiences of these authors will help the reader to identify best practices with regard to the educational use of pen-based computing.

Tablet PCs For Dummies Aug 10 2020 * Tablet PCs, similar in size and thickness to a yellow paper notepad, are essentially modified notebooks that allow a user to take notes using natural handwriting with a digital pen on a touch-sensitive screen instead of typing on a keyboard * All models of Tablet PCs can be attached to standard keyboards, monitors, and mouse devices for easy computing * Geared toward the general user of the Tablet PC, with information about configuration, working with pen computing, Ink, voice recognition, and using the onscreen interface * Covers computing topics such as file management, browsing the Internet, and using Office applications * Includes case study examples of how the Tablet PC can be used in vertical applications such as healthcare and for enhanced productivity throughout an organization

Outrageous Openness Jan 03 2020 "Whether we know it or not, we all experience the touch of the Divine in our lives every single day. After twenty-five years spent consulting and advising tens of thousands of people from all over the world, Tosha Silver realized that almost all of us have similar concerns: "How do I stop worrying? How can I feel safe? Why do I feel so alone?" and often, "Who am I really?" For the passionately spiritual and the bemusedly skeptical alike, she created *Outrageous Openness*. This delightful book, filled with wisdom and fresh perspectives, helps create a relaxed, trusting openness in the reader to discover answers to life's big questions as they spontaneously arise."--Amazon.com.

The One-Minute To-Do List Sep 10 2020 Presents a simple and quick guide to mastering a chaotic schedule including how to track responsibilities, keep focused, use a smartphone to keep sight of to-dos while on the run, and more.

A Copious and Critical Latin-English Lexicon Founded on the Larger Latin-German Lexicon of Dr. William Freund Aug 22 2021

We Live for the We May 07 2020 A warm, wise, and urgent guide to parenting in uncertain times, from a longtime reporter on race, reproductive health, and politics In *We Live for the We*, first-time mother Dani McClain sets out to understand how to raise her daughter in what she, as a black woman, knows to be an unjust -- even hostile -- society. Black women are more likely to die during pregnancy or birth than any other race; black mothers must stand before television cameras telling the world that their slain children were human beings. What, then, is the best way to keep fear at bay and raise a child so she lives with dignity and joy? McClain spoke with mothers on the frontlines of movements for social, political, and cultural change who are grappling with the same questions. Following a child's development from infancy to the teenage years, *We Live for the We* touches on everything from the importance of creativity to building a mutually supportive community to navigating one's relationship with power and authority. It is an essential handbook to help us imagine the society we build for the next generation.

Application of Measurement to Health and Physical Education Aug 29 2019 Fitness, Sportsoziologie, Tests.

Chi '12 Apr 17 2021 CHI '12: CHI Conference on Human Factors in Computing Systems May 05, 2012-May 10, 2012 Austin, USA. You can view more information about this proceeding and all of ACM's other published conference proceedings from the ACM Digital Library: <http://www.acm.org/dl>.

Girl With No Job Jun 07 2020 INSTANT NEW YORK TIMES BESTSELLER A laugh-out-loud funny look at pop culture and social media stardom from one of the most popular funemployed millennials today, perfect for fans of *Next Level Basic* and *The Betches*. As the creator of the breakout Instagram account @GirlWithNoJob, Claudia Oshry has turned not wanting an ordinary career into a thriving media company and pop culture-focused podcast and morning show. The origins of her pop culture obsessions can be traced back to household debates over boy bands, and her flair for the dramatic to her young emulation of Blair Waldorf. When she started @GirlWithNoJob, Claudia entered that world herself as a social media influencer, sharing her unbelievable—and unbelievably awkward—encounters with some of her favorite A-listers as she navigates her incredible access. Now, in this juicy, behind-the-scenes look at the life of an Instagram sensation, Claudia leaves nothing out as she contemplates staying true to yourself while hustling in today's digital culture. Sometimes the best lessons are learned the hard way, and her journey hasn't been without its punch-in-the-face doses of humility. But, like anyone with a relentless desire to be popular, she dusts herself off and finds a new, better way forward. With humor and unique insights, Claudia examines the nature of social media celebrity, the many sides of fandom, and cancel culture. If there's one thing she knows for sure, she was born thirsty, and she's here for another round!

Return to the Brain of Eden Jan 15 2021 An exploration of our fall from the pinnacle of human evolution 200,000 years ago and how we can begin our return • Explores recent neurological and psychological research on the brain and the role of plant biochemistry in human brain expansion • Explains how humanity's prehistoric diet change led to a neurodegenerative condition characterized by aggression and a fearful perception of the world • Outlines a strategy of raw foods, tantric sexuality, shamanic practices, and entheogens to reverse our mental degeneration and restore our advanced abilities Over a period of a million years the human brain expanded at an increasingly rapid rate, and then, 200,000 years ago, the expansion abruptly stopped. Modern science has overlooked this in order to maintain that we are at the pinnacle of our evolution. However, the halt in brain expansion explains not only recently uncovered anomalies within the human brain but also the global traditions of an earthly paradise lost and of humanity's degeneration from our original state of perpetual wonder and joy. Drawing on more than 20 years of research, authors Tony Wright and Graham Gynn explore how our modern brains are performing far below their potential and how we can unlock our higher abilities and return to the euphoria of Eden. They explain how for millions of years early forest-dwelling humans were primarily consuming the hormone-rich sex organs of plants--fruit--each containing a highly complex biochemical cocktail evolved to influence DNA transcription, rapid brain development, and elevated neural and pineal gland activity. Citing recent neurological and psychological studies, the authors explain how the loss of our symbiotic fruit-based diet led to a progressive neurodegenerative condition characterized by

aggressive behaviors, a fearful perception of the world, and the suppression of higher artistic, mathematical, and spiritual abilities. The authors show how many shamanic and spiritual traditions were developed to counteract our decline. They outline a strategy of raw foods, tantric sexuality, shamanic practices, and entheogen use to reverse our degeneration, restore our connection with the plant world, and regain the bliss and peace of the brain of Eden.

Master Your Workday Now! Jul 21 2021 An efficiency expert offers a time management system that will create a greater sense of accomplishment at the end of every workday.

Proceedings of the American Philosophical Society Sep 22 2021

Exemplary Practices for Beginning Communicators Dec 14 2020 US, Canadian, and Irish specialists in augmentative and alternative communications (AAC) in a number of fields offer advice to practitioners on developing communication with people suffering from congenital disabilities for whom normal vocal speech is impossible or difficult. They emphasize the impo

Proxemic Interactions Oct 12 2020 In the everyday world, much of what we do as social beings is dictated by how we perceive and manage our interpersonal space. This is called proxemics. At its simplest, people naturally correlate physical distance to social distance. We believe that people's expectations of proxemics can be exploited in interaction design to mediate their interactions with devices (phones, tablets, computers, appliances, large displays) contained within a small ubiquitous computing ecology. Just as people expect increasing engagement and intimacy as they approach others, so should they naturally expect increasing connectivity and interaction possibilities as they bring themselves and their devices in close proximity to one another. This is called Proxemic Interactions. This book concerns the design of proxemic interactions within such future proxemic-aware ecologies. It imagines a world of devices that have fine-grained knowledge of nearby people and other devices—how they move into range, their precise distance, their identity, and even their orientation—and how such knowledge can be exploited to design interaction techniques. The first part of this book concerns theory. After introducing proxemics, we operationalize proxemics for ubicomp interaction via the Proxemic Interactions framework that designers can use to mediate people's interactions with digital devices. The framework, in part, identifies five key dimensions of proxemic measures (distance, orientation, movement, identity, and location) to consider when designing proxemic-aware ubicomp systems. The second part of this book applies this theory to practice via three case studies of proxemic-aware systems that react continuously to people's and devices' proxemic relationships. The case studies explore the application of proxemics in small-space ubicomp ecologies by considering first person-to-device, then device-to-device, and finally person-to-person and device-to-device proxemic relationships. We also offer a critical perspective on proxemic interactions in the form of "dark patterns," where knowledge of proxemics may (and likely will) be easily exploited to the detriment of the user.

Anime from Akira to Princess Mononoke Mar 29 2022 With the popularity of Pokemon still far from waning, Japanese animation, known as anime to its fans, has a firm hold on American pop culture. However, anime is much more than children's cartoons. It runs the gamut from historical epics to sci-fi sexual thrillers. Often dismissed as fanciful entertainment, anime is actually quite adept at portraying important social and cultural issues like alienation, gender inequality, and teenage angst. This book investigates the ways that anime presents these issues in an in-depth and sophisticated manner, uncovering the identity conflicts, fears over rapid technological advancement, and other key themes present in much of Japanese animation.