

Access Free Essentials Of Life Span Development Free Download Pdf

Lifespan Functional Movement Development Across the Life Span - E-Book Handbook of Intraindividual Variability Across the Life Span *Life-Span Development and Behavior* **Life-span Development Discovering the Lifespan** **Life-Span Maintenance of Knowledge** *Work Across the Lifespan* **Extra Life The Handbook of Life-Span Development, Volume 1** *Aging The Biology of Human Longevity* *Rotator Cuff Across the Life Span* **Social Skills Across the Life Span** *Longevity Sibling Relationships Across the Life Span* *Explaining Divergent Levels of Longevity in High-Income Countries* **Life-Span Development and Behavior** *Social Cognition* **Reading Across the Life Span** **Parenting across the Life Span** *The Long and the Short of It* **Life-Span Extension** *Intergenerational Communication Across the Life Span* **Rising Life Expectancy** *The SAGE Encyclopedia of Lifespan Human Development* **The Handbook of Life-Span Development, Volume 2** *The Handbook of Life-Span Development, 2 Volume Set* *Lifespan Development* *Life-Span Developmental Psychology* **Age Later** *Essentials of Life-Span Development* *Life-span Perspectives on Health and Illness* *Self-Esteem Across the Lifespan* **Handbook of Stressful Transitions Across the Lifespan** *Life-span Developmental Psychology* **Handbook of Life-Span Development** **Health Promotion Throughout the Life Span - E-Book** *Developing Minds* *Family Systems and Life-span Development*

Extra Life Feb 24 2022 "Offers a useful reminder of the role of modern science in fundamentally transforming all of our lives." —President Barack Obama (on Twitter) "An important book." —Steven Pinker, *The New York Times* Book Review The surprising and important story of how humans gained what amounts to an extra life, from the bestselling author of *How We Got to Now* and *Where Good Ideas Come From* In 1920, at the end of the last major pandemic, global life expectancy was just over forty years. Today, in many parts of the world, human beings can expect to live more than eighty years. As a species we have doubled our life expectancy in just one century. There are few measures of human progress more astonishing than this increased longevity. *Extra Life* is Steven Johnson's attempt to understand where that progress came from, telling the epic story of one of humanity's greatest achievements. How many of those extra years came from vaccines, or the decrease in famines, or seatbelts? What are the forces that now keep us alive longer? Behind each breakthrough lies an inspiring story of cooperative innovation, of brilliant thinkers bolstered by strong systems of public support and collaborative networks, and of dedicated activists fighting for meaningful reform. But for all its focus on positive change, this book is also a reminder that meaningful gaps in life expectancy still exist, and that new threats loom on the horizon, as the COVID-19 pandemic has made clear. How do we avoid decreases in life expectancy as our public health systems face unprecedented challenges? What current technologies or interventions that could reduce the impact of future crises are we somehow ignoring? A study in how meaningful change happens in society, *Extra Life* celebrates the enduring power of common goals and public resources, and the heroes of public health and medicine too often ignored in popular accounts of our history. This is the sweeping story of a revolution with immense public and personal consequences: the doubling of the human life span.

Aging Dec 25 2021 This edited book, "Aging - Life Span and Life Expectancy", is a collection of reviewed and relevant research chapters offering a comprehensive overview of recent developments in this field. The book comprises chapters authored by various researchers and edited by an expert active in the research area. All chapters are individually complete but united under a common research study topic. This publication aims at providing a thorough overview of the latest research efforts by international authors and opening new possible research paths for further novel developments.

Work Across the Lifespan Mar 28 2022 *Work Across the Lifespan* coalesces lifespan theoretical and lifespan-based empirical perspectives on aging and work. The book examines human development theories that explain patterns of growth, trajectories of change and maintenance of continuities across the entirety of life. Using the implicit focus of these theories on aging as a guide to intra-individual change and goal-based self-regulation processes, the book examines the relationship between work and aging. Drawing upon developmental psychology, life course sociology, microeconomics, and critical gerontology, this authoritative reference brings together the collective thinking of researchers who study aging and working, and aging and careers. Summarizes key tenets of lifespan theories Draws upon theories from work and organizational psychology, organizational behavior, and human resources management Applies theories to work, organizational life and careers Examines age and work-related processes Provides an exclusive lifespan focus on work and aging Focuses on aging as a continuous intraindividual change process

Handbook of Intraindividual Variability Across the Life Span Sep 02 2022 Intraindividual variability (IIV) of human development and behavior across the entire life-span is explored in this new book. Leading researchers summarize recent findings on the extent, role, and function of IIV in human development with a focus on how, when, and why individuals change over time. The latest theoretical, methodological, and technological advances are reviewed. The book explores the historical and theoretical background and challenges of IIV research along with its role and function in childhood, adolescence, and adulthood. Edited to maximize consistency and accessibility, each chapter includes an introduction and a review of the research and most explore future directions, new theoretical developments, and conclusions and implications. Readers are shown that by focusing on the individual as a unit of analysis across different time scales, conditions, and situations, researchers can effectively demonstrate behavioral and developmental regularities at different points of the life-span. As such this book is a must have for anybody interested in IIV research. The book explores: -New designs and methods for the analysis of intensive repeated measures data. -The importance of real-time data for more time sensitive and ecologically valid measurements. -The role and function of intraindividual variability in behavior and development across the life-span -- from infancy to later life. -Numerous examples of how intraindividual variability research is conducted. -Topics and findings that are commonly treated in disparate bodies of literature from various disciplines. Part 1 provides a historical, conceptual, and methodological overview of the study of intraindividual variability (IIV). IIV during childhood and adolescence and its application in the investigation of development of language acquisition, infant-parent interactions, development of motor skills, cognitive development, mood regulation, and identity development are examined in Part 2. Part 3 focuses on IIV during adult development, including its use in neuropsychological functioning and attention and in personality development and mood regulation. IIV in the context of adults' health behavior is also reviewed. Part 4 examines the key issues and challenges of IIV research in human development such as whether IIV in adult development is an indicator of vulnerability or resilience, the association between short-term IIV and long-term developmental change, and multiple time-scale design and analysis. The volume concludes with a look at the future of intraindividual variation analysis. Intended for advanced students and researchers in developmental psychology across the life-span, social, personality, and health psychology, as well as sociology, family studies, gerontology, education, and medicine, interested in intraindividual variability of behavior and its role in human development, this book also serves as a text for graduate courses on longitudinal analysis, multilevel modeling, and/or (advanced) data analysis offered in these departments. Knowledge in human development or life course sociology and graduate-level statistics is recommended.

Sibling Relationships Across the Life Span Jul 20 2021 When one begins to examine the existing literature dealing with siblings, one soon becomes aware that many separate domains of sibling research exist and that there is little connection between them; for example, sibling relationships in early childhood, genetic and environmental influences on individual differences between siblings, dysfunctional sibling relationships, adult sibling helping relationships, sibling violence and abuse, and so on. The author's aim in writing this book was to attempt to bring together for the first time studies from diverse areas of sibling research into a single volume. The book is a summary and integration of the various domains of sibling studies, extending across the life span where studies exist to make this possible. Although many gaps in the sibling research literature within and between domains of study and over the life span still exist, it is hoped that this book will motivate others to help fill in the gaps by suggesting directions where further research is needed.

Functional Movement Development Across the Life Span - E-Book Oct 03 2022 Providing a solid foundation in the normal development of functional movement, *Functional Movement Development Across the Life Span*, 3rd Edition helps you recognize and understand movement disorders and effectively manage patients with abnormal motor function. It begins with coverage of basic theory, motor development and motor control, and evaluation of function, then discusses the body systems contributing to functional movement, and defines functional movement outcomes in terms of age, vital functions, posture and balance, locomotion, prehension, and health and illness. This edition includes more clinical examples and applications, and updates data relating to typical performance on standardized tests of balance. Written by physical therapy experts Donna J. Cech and Suzanne "Tink" Martin, this book provides evidence-based information and tools you need to understand functional movement and manage patients' functional skills throughout the life span. Over 200 illustrations, tables, and special features clarify developmental concepts, address clinical implications, and summarize key points relating to clinical practice. A focus on evidence-based information covers development changes across the life span and how they impact function. A logical, easy-to-read format includes 15 chapters organized into three units covering basics, body systems, and age-related functional outcomes respectively. Expanded integration of ICF (International Classification of Function) aligns learning and critical thinking with current health care models. Additional clinical examples help you apply developmental information to clinical practice. Expanded content on assessment of function now includes discussion of participation level standardized

assessments and assessments of quality-of-life scales. More concise information on the normal anatomy and physiology of each body system allows a sharper focus on development changes across the lifespan and how they impact function.

Social Cognition Apr 16 2021 Social Cognition brings together diverse and timely writings that highlight cutting-edge research and theories on the development of social cognition and social behavior across species and the life span. The volume is organized according to two central themes that address issues of continuity and change both at the phylogenetic and the ontogenetic level. First, the book addresses to what extent social cognitive abilities and behaviors are shared across species, versus abilities and capacities that are uniquely human. Second, it covers to what extent social cognitive abilities and behaviors are continuous across periods of development within and across the life span, versus their change with age. This volume offers a fresh perspective on social cognition and behavior, and shows the value of bringing together different disciplines to illuminate our understanding of the origins, mechanisms, functions, and development of the many capacities that have evolved to facilitate and regulate a wide variety of behaviors fine-tuned to group living.

The Handbook of Life-Span Development, Volume 2 Aug 09 2020 In the past fifty years, scholars of human development have been moving from studying change in humans within sharply defined periods, to seeing many more of these phenomenon as more profitably studied over time and in relation to other processes. The Handbook of Life-Span Development, Volume 2: Social and Emotional Development presents the study of human development conducted by the best scholars in the 21st century. Social workers, counselors and public health workers will receive coverage of the social and emotional aspects of human change across the lifespan.

The Biology of Human Longevity Nov 23 2021 Written by Caleb Finch, one of the leading scientists of our time, The Biology of Human Longevity: Inflammation, Nutrition, and Aging in the Evolution of Lifespans synthesizes several decades of top research on the topic of human aging and longevity particularly on the recent theories of inflammation and its effects on human health. The book expands a number of existing major theories, including the Barker theory of fetal origins of adult disease to consider the role of inflammation and Harmon's free radical theory of aging to include inflammatory damage. Future increases in lifespan are challenged by the obesity epidemic and spreading global infections which may reverse the gains made in lowering inflammatory exposure. This timely and topical book will be of interest to anyone studying aging from any scientific angle. Author Caleb Finch is a highly influential and respected scientist, ranked in the top half of the 1% most cited scientists Provides a novel synthesis of existing ideas about the biology of longevity and aging Incorporates important research findings from several disciplines, including Gerontology, Genomics, Neuroscience, Immunology, Nutrition

Reading Across the Life Span Mar 16 2021 One of the liveliest areas of research in the social sciences is reading. Scholarly activity is currently proceeding along a number of different disciplinary lines, addressing a multitude of questions and issues about reading. A short list of disciplines involved in the study of reading would include linguistics, psychology, education, history, and gerontology. Among the important questions being addressed are some long-standing concerns: How are reading skills acquired? What are the basic components of reading skill? How do skilled readers differ from less skilled ones? What are the best ways to approach instruction for different groups of readers-young beginning readers, poor readers with learning problems, and teenage and adult illiterates? How can reading skill best be measured-what standardized instruments and observational techniques are most useful? The large volume of textbooks and scholarly books that issue forth each year is clear evidence of the dynamic nature of the field. The purpose of this volume is to survey some of the best work going on in the field today and reflect what we know about reading as it unfolds across the life span. Reading is clearly an activity that spans each of our lives. Yet most accounts of it focus on some narrow period of development and fail to consider the range of questions that serious scholarship needs to address for us to have a richer understanding of reading. The book is divided into four parts.

Life-Span Development and Behavior May 18 2021 The final volume in this significant series, this publication mirrors the broad scientific attention given to ideas and issues associated with the life-span perspective: constancy and change in human development; opportunities for and constraints on plasticity in structure and function across life; the potential for intervention across the entire life course (and thus for the creation of an applied developmental science); individual differences (diversity) in life paths, in contexts (or the ecology) of human development, and in changing relations between people and contexts; interconnections and discontinuities across age levels and developmental periods; and the importance of integrating biological, psychological, social, cultural, and historical levels of organization in order to understand human development.

Intergenerational Communication Across the Life Span Nov 11 2020 Individuals of all ages interact with one another, and their interactions have significance throughout their lives. This distinctive volume acknowledges the importance of these interactions and provides a life-span developmental view of communication and aging, attempting to capture the many similarities and changes that occur in people's lives as they age. The authors move the study of intergenerational contact closer to the actual participants, examining what happens within intergenerational interactions and how people evaluate their intergenerational experiences. The volume concentrates on the micro-context of the intergenerational interaction and the cognitions, language, and relationship behaviors related to intergenerational communication across the life span. The volume employs the perspective that the understanding of human behavior across the life span is enhanced by studying communicative behavior in intergenerational interaction. The authors integrate research from multiple disciplines concerned with intergenerational communication, which is framed by several unique theoretical perspectives drawn from the communication discipline. As a resource for the study of intergenerational communication across the life span, this monograph offers important insights to scholars, students, and all who are involved in intergenerational communication.

Handbook of Life-Span Development Sep 29 2019 Print+CourseSmart

Life-Span Maintenance of Knowledge Apr 28 2022 This volume describes how well we maintain the knowledge we acquire throughout life. Research traditionally focuses on memory for events that are retained over short time periods that can be accommodated in experiments. This book, by contrast, uniquely describes the evolution of methods suitable for investigating memory of complex knowledge acquired over several years and retained during the entire life-span. The methods substitute statistical for experimental controls, and the investigations involve several hundred participants whose memory is tested up to 50 years after they acquired the knowledge in question. The book covers educational content, such as mathematics and foreign languages; knowledge acquired incidentally, such as the streets and buildings of the cities in which we live; and knowledge acquired through the media. Previously unpublished research on age-related access to knowledge is included. The analyses are based on the accessibility/availability ratio, a metric presented for the first time. This metric allows comparisons of the portion of available knowledge that can be recalled as a function of age, education and other individual differences, and as a function of the domain of knowledge in question. The ratio can be used to evaluate methods of instruction and methods of studying. It can also be used to evaluate memory development and to diagnose memory pathology. The volume will be of interest to researchers in human memory, developmental psychologists, gerontologists in academic and applied settings, and educators.

Rotator Cuff Across the Life Span Oct 23 2021 This book presents the consensus findings of the ISAKOS Shoulder Committee regarding the treatment options in patients suffering from shoulder pain and reduced function or dead arm syndrome as a consequence of rotator cuff injuries. The aim is twofold: to equip readers with a precise knowledge of the presenting characteristics of these injuries in different age groups and to describe in detail the initial management and surgical and non-surgical approaches, taking into account the age-specific features. Readers will find clear descriptions of all the latest arthroscopic techniques, which allow repair of even the largest tears. The indications for and performance of tendon transfer procedures, biceps tenotomy, tenodesis, hemiarthroplasty, anatomic shoulder arthroplasty, reverse total shoulder arthroplasty, and revision surgery are explained. Helpful guidance is also provided on the use of strategies to promote rotator cuff healing, including stem cell therapy and scaffolds. The authors are leading experts in the field, and the book will be of value for all shoulder surgeons and orthopaedic trainees and consultants, as well as sports medicine specialists.

Parenting across the Life Span Feb 12 2021 Research on parenting through the life course has developed around two separate approaches. Evolutionary biology provides fresh perspectives from life history theory using behavioral ecology and parental investment theory. At the same time, the social and behavioral sciences integrates research from long-term studies of individual development and from the collection of life histories. This path-breaking book advances evolutionary, life history research by integrating perspectives of these two approaches into a biosocial science of the life course. It examines parenthood as a commitment extending throughout life and focuses on the impact on parental and child behavior of changes in the timing, distribution, and intensity of parental investment. This perspective is particularly appropriate for research on parenting since the family is the universal human institution within which the bearing and rearing of children has been based and which transmits traditions, beliefs, and values to the young.

Life-Span Developmental Psychology May 06 2020 Life-Span Development Psychology: Research and Theory covers the issues and problems associated with a life-span conceptualization of developmental psychology. The book discusses the status, issues, and antecedents of life-span developmental psychology; an approach to theory construction in the psychology of development and aging; and models and theories of development. The text also describes the methodology and research strategy in the study of developmental change; the application of multivariate strategies to problems of measuring and structuring long-term change; and the mechanisms required for the operation of perception and recognition. Learning and retention; language; and intellectual abilities are also considered. Developmental psychologists will find the study invaluable.

Discovering the Lifespan May 30 2022 NOTE: Before purchasing, check with your instructor to ensure you select the correct ISBN. Several versions of Pearson's MyLab & Mastering products exist for each title, and registrations are not transferable. To register for and use Pearson's MyLab & Mastering

products, you may also need a Course ID, which your instructor will provide. Used books, rentals, and purchases made outside of Pearson If purchasing or renting from companies other than Pearson, the access codes for Pearson's MyLab & Mastering products may not be included, may be incorrect, or may be previously redeemed. Check with the seller before completing your purchase. Discovering the Lifespan provides a broad overview of the field of human development and features a strong balance of research and application. In a unique departure from traditional lifespan development texts, each chapter is divided into three modules, and in turn, each module is divided into several smaller sections. Consequently, students encounter material in smaller, more manageable chunks that optimize learning.

The Long and the Short of It Jan 14 2021 Everything that lives will die. That's the fundamental fact of life. But not everyone dies at the same age: people vary wildly in their patterns of aging and their life spans—and that variation is nothing compared to what's found in other animal and plant species. A giant fungus found in Michigan has been alive since the Ice Age, while a dragonfly lives but four months, a mayfly half an hour. What accounts for these variations—and what can we learn from them that might help us understand, or better manage, our own aging? With *The Long and the Short of It*, biologist and writer Jonathan Silvertown offers readers a witty and fascinating tour through the scientific study of longevity and aging. Dividing his daunting subject by theme—death, life span, aging, heredity, evolution, and more—Silvertown draws on the latest scientific developments to paint a picture of what we know about how life span, senescence, and death vary within and across species. At every turn, he addresses fascinating questions that have far-reaching implications: What causes aging, and what determines the length of an individual life? What changes have caused the average human life span to increase so dramatically—fifteen minutes per hour—in the past two centuries? If evolution favors those who leave the most descendants, why haven't we evolved to be immortal? The answers to these puzzles and more emerge from close examination of the whole natural history of life span and aging, from fruit flies, nematodes, redwoods, and much more. *The Long and the Short of It* pairs a perpetually fascinating topic with a wholly engaging writer, and the result is a supremely accessible book that will reward curious readers of all ages.

Lifespan Nov 04 2022 A NEW YORK TIMES BESTSELLER "Brilliant and enthralling." —The Wall Street Journal A paradigm-shifting book from an acclaimed Harvard Medical School scientist and one of Time's most influential people. It's a seemingly undeniable truth that aging is inevitable. But what if everything we've been taught to believe about aging is wrong? What if we could choose our lifespan? In this groundbreaking book, Dr. David Sinclair, leading world authority on genetics and longevity, reveals a bold new theory for why we age. As he writes: "Aging is a disease, and that disease is treatable." This eye-opening and provocative work takes us to the frontlines of research that is pushing the boundaries on our perceived scientific limitations, revealing incredible breakthroughs—many from Dr. David Sinclair's own lab at Harvard—that demonstrate how we can slow down, or even reverse, aging. The key is activating newly discovered vitality genes, the descendants of an ancient genetic survival circuit that is both the cause of aging and the key to reversing it. Recent experiments in genetic reprogramming suggest that in the near future we may not just be able to feel younger, but actually become younger. Through a page-turning narrative, Dr. Sinclair invites you into the process of scientific discovery and reveals the emerging technologies and simple lifestyle changes—such as intermittent fasting, cold exposure, exercising with the right intensity, and eating less meat—that have been shown to help us live younger and healthier for longer. At once a roadmap for taking charge of our own health destiny and a bold new vision for the future of humankind, *Lifespan* will forever change the way we think about why we age and what we can do about it.

Lifespan Development Jun 06 2020 Recipient of the 2017 Most Promising New Textbook Award from the Textbook & Academic Authors Association (TAA) Chronologically organized, *Lifespan Development: Lives in Context* offers a unique perspective on the field by focusing on the importance of context—examining how the places, sociocultural environments, and ways in which we are raised influence who we become and how we grow and change. Author Tara L. Kuther integrates cutting-edge and classic research throughout the text to present a unified story of developmental science and its applications to everyday life. Robust pedagogy, student-friendly writing, and an inviting design enhance this exciting and inclusive exploration of the ways in which context informs our understanding of the lifespan.

The SAGE Encyclopedia of Lifespan Human Development Sep 09 2020 Lifespan human development is the study of all aspects of biological, physical, cognitive, socioemotional, and contextual development from conception to the end of life. In approximately 800 signed articles by experts from a wide diversity of fields, *The SAGE Encyclopedia of Lifespan Human Development* explores all individual and situational factors related to human development across the lifespan. Some of the broad thematic areas will include: Adolescence and Emerging Adulthood Aging Behavioral and Developmental Disorders Cognitive Development Community and Culture Early and Middle Childhood Education through the Lifespan Genetics and Biology Gender and Sexuality Life Events Mental Health through the Lifespan Research Methods in Lifespan Development Speech and Language Across the Lifespan Theories and Models of Development. This five-volume encyclopedia promises to be an authoritative, discipline-defining work for students and researchers seeking to become familiar with various approaches, theories, and empirical findings about human development broadly construed, as well as past and current research.

Developing Minds Jul 28 2019 Most models of human development end abruptly with adolescence. But, according to the internationally renowned theorist and researcher Michael Rutter, we continue to mature throughout our life span. In this volume, Michael Rutter and Marjorie Rutter chart out in nontechnical language a comprehensive and vivid map of human growth from cradle to grave. Arguing that there are discontinuities as well as continuities to the growth process, they trace how basic aspects of psychological functioning (such as emotion and cognition) change over the course of life. The volume is organized around themes—anger and aggression, social relationships, intelligence and language—rather than specific age periods. Thus we see the parallels between life crises and challenges at different times of life (such as adolescence and old age). This original approach also reveals the full significance of both resilient and maladaptive responses to stress and adversity. The authors thoroughly mine decades of developmental research to transmute findings into brilliant nuggets of clinical wisdom. Covering all factors—genetic, social, historical, cognitive, biological—that shape human development, this pioneering book explores and explains not only the universal aspects of maturation but also how we each end up on our individual paths.

Age Later Apr 04 2020 How do some people avoid the slowing down, deteriorating, and weakening that plagues many of their peers decades earlier? Are they just lucky? Or do they know something the rest of us don't? Is it possible to grow older without getting sicker? What if you could look and feel fifty through your eighties and nineties? Founder of the Institute for Aging Research at the Albert Einstein College of Medicine and one of the leading pioneers of longevity research, Dr. Nir Barzilai's life's work is tackling the challenges of aging to delay and prevent the onset of all age-related diseases including "the big four": diabetes, cancer, heart disease, and Alzheimer's. One of Dr. Barzilai's most fascinating studies features volunteers that include 750 SuperAgers—individuals who maintain active lives well into their nineties and even beyond—and, more importantly, who reached that ripe old age never having experienced cardiovascular disease, cancer, diabetes, or cognitive decline. In *Age Later*, Dr. Barzilai reveals the secrets his team has unlocked about SuperAgers and the scientific discoveries that show we can mimic some of their natural resistance to the aging process. This eye-opening and inspirational book will help you think of aging not as a certainty, but as a phenomenon—like many other diseases and misfortunes—that can be targeted, improved, and even cured.

Life-span Developmental Psychology Oct 30 2019 Although there has been a significant increase in studies of stress and coping processes in recent years, researchers have often approached these topics from rather narrow and constrained perspectives. Furthermore, little communication has occurred across disciplines and research directions, resulting in the emergence of several relatively isolated literatures. An outgrowth of the Eleventh Biennial West Virginia University Conference on Life-Span Development, this volume emphasizes two major themes: the importance of taking a life-span approach to the study of stress and coping, and the development of new and more complete conceptual models of stress and coping processes. The first to approach these subjects from a life-span perspective, this book includes papers by distinguished researchers from each of the major periods of the life-span, and brings together the cognitive and socioemotional traditions in the study of dealing with pressures. The editors hope that this facilitation of communication among researchers with diverse views will help create a broadening and integration of perspectives.

Essentials of Life-Span Development Mar 04 2020 Santrock, *Essentials of Life-Span Development*, First Canadian Edition is an exciting new resource that offers essential content in a student-friendly format. Featuring shorter chapters and interactive study modules, Santrock 1ce covers all periods of the human life-span chronologically from the prenatal period through late adulthood and death. Santrock, *Essentials of Life-Span Development*, First Canadian Edition is ideal for one-semester Life-Span Development courses at both colleges and universities, or for any learner eager to explore the essentials of life-span development.

Life-span Development Jun 30 2022 This thorough revision of the highly successful first edition of *Life-Span Development* offers the reader a wide-ranging and thought provoking account of human development throughout the lifespan. The lifespan approach emphasises that development does not stop when we cease to be adolescents but goes on throughout adulthood and into old age. In initial chapters Leonie Sugarman outlines the issues surrounding the notion of development and how it can be studied, including reviews of the work of key theorists Erikson, Levinson and Gould. She goes on to consider the different ways in which the life course can be construed: as a series of age-related stages; as a cumulative sequence; as a series of developmental tasks; as a series of key life events and transitions or as a narrative construction which creates a sense of dynamic continuity. A final chapter looks at how people cope, the resources that are available and the theoretical and practical issues regarding interventions to assist them in the process. New to this edition is increased coverage of the topical issue of successful ageing and a new chapter on the increasingly popular narrative approach to lifespan development. This edition is also more student-

friendly with exercises in self-reflection that encourage the reader to look at the development of their own lives or those of their current or future clients. Boxed material highlighting major theories and clarifying concepts is also included. This book will be invaluable for students of developmental and occupational psychology and professionals in the fields of health management, education and social work.

Explaining Divergent Levels of Longevity in High-Income Countries Jun 18 2021 During the last 25 years, life expectancy at age 50 in the United States has been rising, but at a slower pace than in many other high-income countries, such as Japan and Australia. This difference is particularly notable given that the United States spends more on health care than any other nation. Concerned about this divergence, the National Institute on Aging asked the National Research Council to examine evidence on its possible causes. According to *Explaining Divergent Levels of Longevity in High-Income Countries*, the nation's history of heavy smoking is a major reason why lifespans in the United States fall short of those in many other high-income nations. Evidence suggests that current obesity levels play a substantial part as well. The book reports that lack of universal access to health care in the U.S. also has increased mortality and reduced life expectancy, though this is a less significant factor for those over age 65 because of Medicare access. For the main causes of death at older ages—cancer and cardiovascular disease—available indicators do not suggest that the U.S. health care system is failing to prevent deaths that would be averted elsewhere. In fact, cancer detection and survival appear to be better in the U.S. than in most other high-income nations, and survival rates following a heart attack also are favorable. *Explaining Divergent Levels of Longevity in High-Income Countries* identifies many gaps in research. For instance, while lung cancer deaths are a reliable marker of the damage from smoking, no clear-cut marker exists for obesity, physical inactivity, social integration, or other risks considered in this book. Moreover, evaluation of these risk factors is based on observational studies, which—unlike randomized controlled trials—are subject to many biases.

Social Skills Across the Life Span Sep 21 2021 Social skills are critical to psychological adjustment across the lifespan. These skills are necessary for attaining a variety of important social, emotional, and interpersonal goals. Social skill deficits and resulting negative social interactions are associated with a wide variety of adjustment problems and psychological disorders. *Social Skills across the Life Span: Theory* is a comprehensive social skills volume providing in-depth coverage of theory, assessment, and intervention. Divided into three major sections, the volume begins with the definition of social competence, developmental factors, and relations to adjustment. This is followed by coverage of general assessment and intervention issues across the lifespan. In the third section, program developers describe specific evidence-based interventions. Identifies how social skills influence social competence and well being Addresses the full lifespan Reviews methods to assess and intervene with children and adults Details evidence-based interventions for children and adults

Life-Span Development and Behavior Aug 01 2022 This serial publication continues to review life-span research and theory in the behavioral and social sciences, particularly work done by psychologists and sociologists conducting programmatic research on current problems and refining theoretical positions. Each volume introduces excellent peer-reviewed empirical research into the field of life-span development while presenting interdisciplinary viewpoints on the topic. Often challenging accepted theories, this series is of great interest to developmental, personality, and social psychologists.

The Handbook of Life-Span Development, 2 Volume Set Jul 08 2020 In the past fifty years, scholars of human development have been moving from studying change in humans within sharply defined periods, to analyzing this change over time and in relation to other processes. This two-volume set presents the study of human development conducted by the best scholars in the 21st century. Social workers, counselors, and public health workers will benefit from complete coverage of the biological, cognitive, social, and emotional aspects of human change across the lifespan.

Rising Life Expectancy Oct 11 2020 This book traces the global history of rising life expectancy in the last 200 years.

Life-Span Extension Dec 13 2020 In recent years, remarkable discoveries have been made concerning the underlying mechanisms of aging. In *Life-Span Extension: Single-Cell Organisms to Man*, the editors bring together a range of illuminating perspectives from researchers investigating the aging process in a variety of species. This novel work addresses the aging process in species ranging from yeast to man and, among other subjects, features detailed discussions of the naked mole-rat, an exceptionally long-lived rodent; the relationship between dietary factors/food restriction and aging; and an evolutionary view of the human aging process. Single mutations that extend life span have been identified in yeast, worms, flies, and mice, whereas studies in humans have identified potentially important markers for successful aging. At the same time, it has been discovered that the genes and pathways identified in these studies involve a surprisingly small set of conserved functions, most of which have been the focus of aging research for some time. For example, the mTOR pathway, a regulator of translation and protein synthesis, has been identified as a common longevity pathway in yeast and *Caenorhabditis elegans*. In mammals, this pathway intersects with neuroendocrine pathways and with the insulin/insulin-like growth factor pathways, which have been identified as major modulators of life span and aging in both invertebrates and mice. Novel, emerging technologies and the increasingly wide variety of systems that are now used to study aging and the mechanisms of aging provide enormous opportunities for the identification of common pathways that modulate longevity. It is these common pathways that are the focus of this important volume.

Handbook of Stressful Transitions Across the Lifespan Dec 01 2019 This volume provides a unique and valuable contribution to our understanding of the impact of stressful life events and mass trauma on the person, the culture and society in the course of the life span. It provides a comprehensive look at our psychological state of affairs at the beginning of the twenty-first century. There are several volumes that address some or most of these areas individually but this volume is unique in that it has brought together theoreticians, researchers and clinicians who address critical challenges in our lives. But we are now several months into the global financial crisis requiring a transition, not only for the western world but for the third world. How on earth do families in trauma zones – from Sri Lanka to Afghanistan, New Orleans to Gaza – cope with similar declining older relatives, with added traumas and zero medical resources attempt to survive? In news reports, politicians and financiers denying the inevitable and struggling for solutions that cannot be relevant to the new reality that they have yet to discover.

Health Promotion Throughout the Life Span - E-Book Aug 28 2019 Health Promotion Throughout the Life Span - E-Book

Family Systems and Life-span Development Jun 26 2019 This interdisciplinary volume presents international research and theories focusing on the development of the individual across the life span. Centering on "family" as the key context influencing, and being influenced by the developing person, the contributors to this volume discuss an array of theoretical models, methodological strategies, and substantive foci linking the study of individual development, the family system, and the broader context of human development. The volume presents continuing empirical research and theories in the realm of individual and family development and features a developmental, contextual view from a process-oriented vantage point.

The Handbook of Life-Span Development, Volume 1 Jan 26 2022 In the past fifty years, scholars of human development have been moving from studying change in humans within sharply defined periods, to seeing many more of these phenomenon as more profitably studied over time and in relation to other processes. *The Handbook of Life-Span Development, Volume 1: Cognition, Biology, and Methods* presents the study of human development conducted by the best scholars in the 21st century. Social workers, counselors and public health workers will receive coverage of of the biological and cognitive aspects of human change across the lifespan.

Life-span Perspectives on Health and Illness Feb 01 2020 This volume offers a comprehensive and conceptually integrated overview of the changing biological, psychological, and social/environmental influences on health and illness from the prenatal period through infancy, childhood, adolescence, and adulthood. Based on the premise that protective and risk factors vary with life stage, several chapters examine the development of major biological systems and the changing role of genetics and environment over time. In addition, they provide information on environmental influences during the prenatal period and early childhood, chronic illness in childhood, and health and health risks in adolescence. Chapters on adulthood give special emphasis to mid-life transitions in health, resiliency in later life, and the impact of caregiving on health. Final chapters focus on death and dying and on an integrative model of health and illness across the life span.

Longevity Aug 21 2021 Despite our deep interest in mortality, little is known about why some individuals live to middle age and others to extreme old age. Life span, mortality, and aging present some of the most profound mysteries in biology. In *Longevity*, James Carey draws on unprecedented data to develop a biological and demographic framework for identifying the key factors that govern aging, life span, and mortality in humans and other animals. Carey presents the results of a monumental, twelve-year, National Institute on Aging-funded research project on the determinants of longevity using data from the life tables of five million Mediterranean fruit flies, the most comprehensive set of life table studies ever on the mortality dynamics of a single species. He interprets the fruit fly data within the context of human aging and the aging process in general to identify the determinants of mortality. Three key themes emerge: the absence of species-specific life span limits, the context-specific nature of the mortality rate, and biodemographic linkages between longevity and reproduction. A powerful foundation for the emerging field of biodemography and a rich framework for considering the future of human life span, *Longevity* will be an indispensable resource for readers from a range of fields including population biology, demography, gerontology, ecology, evolutionary biology, and medical research.

Self-Esteem Across the Lifespan Jan 02 2020 As long as clinicians write "increase self-esteem" on treatment plans without knowing precisely what that means, there is a need for information on the construct of self-esteem and how its many components can have an effect on outcomes. This text defines self-esteem, describes its history and evolution, discusses its controversies, and presents information on intervention strategies that can make a difference when it receives clinical attention. Principles and concepts are applied to various clinical concerns faced by clients in each of the five developmental life stages: childhood, adolescence, young adulthood, midlife, and late life. Book chapters discuss a variety of specific issues—such as child trauma and abuse, ADHD, body image

and eating disorders, at-risk adolescents, African American youth, sexuality in young adulthood, alcohol and other drugs issues, lesbians and gay men at midlife, career development, intergenerational conflict in Asian Americans, and loss in late life – and offer detailed strategies for the development and enhancement of self-esteem. Also included is an example of an 8-week self-esteem enhancement program.

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