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The Complete Directory to Prime Time Network and Cable TV Shows, 1946-Present **UNIX System V, Release 4** **The Definitive Guide to Linux Network Programming** *A Guide to Selected National Environmental Statistics in the U.S. Government* **From Networks to Netflix** The Definitive Guide to Linux Network Programming Network Fundamentals, CCNA Exploration Companion Guide Export Programs Guide Broadcast Television Beej's Guide to Network Programming Absolute Beginner's Guide to Microsoft Windows XP Media Center **Presenting on TV and Radio** **Doing Meta-Analysis with R** Guide to Network Security Linux Network Administrator's Guide 802.11 Wireless Networks: The Definitive Guide **TV Guide WRD Information Guide** **Cisco Networking Academy Program** **CWNA Certified Wireless Network Administrator Official Study Guide** **IPTV and Internet Video** **Linear Programming and Algorithms for Communication Networks** **Arizona, the Grand Canyon State** **The Definitive Guide to Entertainment Marketing** **Guide to Computer Network Security** *Security+ Guide to Network Security Fundamentals* *MCSE--networking Essentials Study Guide* **TV Guide** **Guide to Reference Materials for School Library Media Centers** *Deep Work* **Network Security** *EPA National Publications Catalog* Foundations of Python Network Programming The State of Wisconsin Blue Book **Cisco Networking Academy Program** **The Hitchhiker's Guide to Python** **Interpretable Machine Learning** **IT Essentials II** **Electronics Buying Guide** Network Fundamentals. Ccna Exploration Companion Guide. Per Gli Ist. Tecnici E Professionali. Con CD-ROM

UNIX System V, Release 4 Oct 01 2022 This book explores the capabilities and applications of the Transport Level interface (TLI) and other network development tools including RPC and the Network Selection facility. Four quick-reference sections cover TLI and sockets programming, remote procedure calls, network selection and name-to-address mapping, and writing a port monitor for the service access family.

Foundations of Python Network Programming Jan 30 2020 This second edition of Foundations of Python Network Programming targets Python 2.5 through Python 2.7, the most popular production versions of the language. Python has made great strides since Apress released the first edition of this book back in the days of Python 2.3. The advances required new chapters to be written from the ground up, and others to be extensively revised. You will learn fundamentals like IP, TCP, DNS and SSL by using working Python programs; you will also be able to familiarize yourself with infrastructure components like memcached and message queues. You can also delve into network server designs, and compare threaded approaches with asynchronous event-based solutions. But the biggest change is this edition's expanded treatment of the web. The HTTP protocol is covered in extensive detail, with each feature accompanied by sample Python code. You can use your HTTP protocol expertise by studying an entire chapter on screen scraping and you can then test lxml and BeautifulSoup against a real-world web site. The chapter on web application programming now covers both the WSGI standard for component interoperability, as well as modern web frameworks like Django. Finally, all of the old favorites from the first edition are back: E-mail protocols like SMTP, POP, and IMAP get full treatment, as does XML-RPC. You can still learn how to code Python network programs using the Telnet and FTP protocols, but you are likely to appreciate the power of more modern alternatives like the paramiko SSH2 library. If you are a Python programmer who needs to learn the network, this is the book that you want by your side.

Linux Network Administrator's Guide Aug 19 2021 This introduction to networking on Linux now covers firewalls, including the use of ipchains and Netfilter, masquerading, and accounting. Other new topics in this second edition include Novell (NCP/IPX) support and INN (news administration).

Network Fundamentals, CCNA Exploration Companion Guide Apr 26 2022 Network Fundamentals, CCNA Exploration Companion Guide is the official supplemental textbook for the Network Fundamentals course in the Cisco® Networking Academy® CCNA® Exploration curriculum version 4. The course, the first of four in the new curriculum, is based on a top-down approach to networking. The Companion Guide, written and edited by Networking Academy instructors, is designed as a portable desk reference to use anytime, anywhere. The book's features reinforce the material in the course to help you focus on important concepts and organize your study time for exams. New and improved features help you study and succeed in this course: Chapter objectives—Review core concepts by answering the focus questions listed at the beginning of each chapter. Key terms—Refer to the updated lists of networking vocabulary introduced and highlighted in context in each chapter. Glossary—Consult the comprehensive glossary with more than 250 terms. Check Your Understanding questions and answer key—Evaluate your readiness with the updated end-of-chapter questions that match the style of questions you see on the online course quizzes. The answer key explains each answer. Challenge questions and activities—Strive to ace more challenging review questions and activities designed to prepare you for the complex styles of questions you might see on the CCNA exam. The answer key explains each answer. How To—Look for this icon to study the steps you need to learn to perform certain tasks. Packet Tracer Activities—Explore networking concepts in activities interspersed throughout some chapters using Packet Tracer v4.1 developed by Cisco. The files for these activities are on the accompanying CD-ROM. Also available for the Network Fundamentals Course Network Fundamentals, CCNA Exploration Labs and Study Guide ISBN-10: 1-58713-203-6 ISBN-13: 978-1-58713-203-2 Companion CD-ROM **See instructions within the ebook on how to get access to the files from the CD-ROM that accompanies this print book.** The CD-ROM provides many useful tools and information to support your education: Packet Tracer Activity exercise files v4.1 VLSM Subnetting Chart Structured Cabling Exploration Supplement Taking Notes: a .txt file of the chapter objectives A Guide to Using a Networker's Journal booklet IT Career Information Tips on Lifelong Learning in Networking This book is part of the Cisco Networking Academy Series from Cisco Press®. The products in this series support and complement the Cisco Networking Academy online curriculum.

Guide to Network Security Sep 19 2021 **GUIDE TO NETWORK SECURITY** is a wide-ranging new text that provides a detailed review of the network security field, including essential terminology, the history of the discipline, and practical techniques to manage implementation of network security solutions. It begins with an overview of information, network, and web security, emphasizing the role of data

communications and encryption. The authors then explore network perimeter defense technologies and methods, including access controls, firewalls, VPNs, and intrusion detection systems, as well as applied cryptography in public key infrastructure, wireless security, and web commerce. The final section covers additional topics relevant for information security practitioners, such as assessing network security, professional careers in the field, and contingency planning. Perfect for both aspiring and active IT professionals, **GUIDE TO NETWORK SECURITY** is an ideal resource for students who want to help organizations protect critical information assets and secure their systems and networks, both by recognizing current threats and vulnerabilities, and by designing and developing the secure systems of the future. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

TV Guide Jul 06 2020 A guide to collecting the television magazine which includes fifty years of national and regional covers, a history of television programming, a publication history of the guide, and a table of the current market value for each issue.

The State of Wisconsin Blue Book Dec 31 2019

Doing Meta-Analysis with R Oct 21 2021 *Doing Meta-Analysis with R: A Hands-On Guide* serves as an accessible introduction on how meta-analyses can be conducted in R. Essential steps for meta-analysis are covered, including calculation and pooling of outcome measures, forest plots, heterogeneity diagnostics, subgroup analyses, meta-regression, methods to control for publication bias, risk of bias assessments and plotting tools. Advanced but highly relevant topics such as network meta-analysis, multi-three-level meta-analyses, Bayesian meta-analysis approaches and SEM meta-analysis are also covered. A companion R package, *dmetar*, is introduced at the beginning of the guide. It contains data sets and several helper functions for the meta and metafor package used in the guide. The programming and statistical background covered in the book are kept at a non-expert level, making the book widely accessible. Features • Contains two introductory chapters on how to set up an R environment and do basic imports/manipulations of meta-analysis data, including exercises • Describes statistical concepts clearly and concisely before applying them in R • Includes step-by-step guidance through the coding required to perform meta-analyses, and a companion R package for the book

Guide to Reference Materials for School Library Media Centers Jun 04 2020 Lists the best reference materials in the arts and sciences that meet the needs of elementary, secondary, vocational, and junior college students and teachers.

Security+ Guide to Network Security Fundamentals Sep 07 2020 Reflecting the latest trends and developments from the information security field, best-selling *Security+ Guide to Network Security Fundamentals*, Fourth Edition, provides a complete introduction to practical network and computer security and maps to the CompTIA Security+ SY0-301 Certification Exam. The text covers the fundamentals of network security, including compliance and operational security; threats and vulnerabilities; application, data, and host security; access control and identity management; and cryptography. The updated edition includes new topics, such as psychological approaches to social engineering attacks, Web application attacks, penetration testing, data loss prevention, cloud computing security, and application programming development security. The new edition features activities that link to the Information Security Community Site, which offers video lectures, podcats, discussion boards, additional hands-on activities and more to provide a wealth of resources and up-to-the minute information. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Interpretable Machine Learning Sep 27 2019 This book is about making machine learning models and their decisions interpretable. After exploring the concepts of interpretability, you will learn about simple, interpretable models such as decision trees, decision rules and linear regression. Later chapters focus on general model-agnostic methods for interpreting black box models like feature importance and accumulated local effects and explaining individual predictions with Shapley values and LIME. All interpretation methods are explained in depth and discussed critically. How do they work under the hood? What are their strengths and weaknesses? How can their outputs be interpreted? This book will enable you to select and correctly apply the interpretation method that is most suitable for your machine learning project.

Presenting on TV and Radio Nov 21 2021 Become a successful presenter with this entertaining and informative guide written by a broadcasting expert.

Guide to Computer Network Security Oct 09 2020 If we are to believe in Moore's law, then every passing day brings new and advanced changes to the technology arena. We are as amazed by miniaturization of computing devices as we are amused by their speed of computation. Everything seems to be in ? ux and moving fast. We are also fast moving towards ubiquitous computing. To achieve this kind of computing landscape, new ease and seamless computing user interfaces have to be developed. Believe me, if you mature and have ever program any digital device, you are, like me, looking forward to this brave new computing landscape with anticipation. However, if history is any guide to use, we in information security, and indeed every computing device user young and old, must brace themselves for a future full of problems. As we enter into this world of fast, small and concealable ubiquitous computing devices, we are entering fertile territory for dubious, mischievous, and malicious people. We need to be on guard because, as expected, help will be slow coming because ? rst, well trained and experienced personnel will still be dif? cult to get and those that will be found will likely be very expensive as the case is today.

Export Programs Guide Mar 26 2022

Network Fundamentals. Ccna Exploration Companion Guide. Per Gli Ist. Tecnici E Professionali. Con CD-ROM Jun 24 2019 The all-new and only authorized textbook for the new Cisco Networking Academy Program CCNA Exploration Network Fundamentals curriculum.

TV Guide Jun 16 2021

The Complete Directory to Prime Time Network and Cable TV Shows, 1946-Present Nov 02 2022 AMERICA'S #1 BESTSELLING TELEVISION BOOK WITH MORE THAN HALF A MILLION COPIES IN PRINT— NOW REVISED AND UPDATED! PROGRAMS FROM ALL SEVEN COMMERCIAL BROADCAST NETWORKS, MORE THAN ONE HUNDRED CABLE NETWORKS, PLUS ALL MAJOR SYNDICATED SHOWS! This is the must-have book for TV viewers in the new millennium—the entire history of primetime programs in one convenient volume. It's a guide you'll turn to again and again for information on every series ever telecast. There are entries for all the great shows, from evergreens like *The Honeymooners*, *All in the Family*, and *Happy Days* to modern classics like *24*, *The Office*, and *Desperate Housewives*; all the gripping sci-fi series, from *Captain Video* and the new *Battle Star Galactica* to all versions of *Star Trek*; the popular serials, from *Peyton Place* and *Dallas* to *Dawson's Creek* and *Ugly Betty*; the reality show phenomena *American Idol*, *Survivor*, and *The Amazing Race*; and the hits on cable, including *The Daily Show with Jon Stewart*, *Top Chef*, *The Sopranos*,

Curb Your Enthusiasm, Project Runway, and SpongeBob SquarePants. This comprehensive guide lists every program alphabetically and includes a complete broadcast history, cast, and engaging plot summary—along with exciting behind-the-scenes stories about the shows and the stars. MORE THAN 500 ALL-NEW LISTINGS from Heroes and Grey’s Anatomy to 30 Rock and Nip/Tuck UPDATES ON CONTINUING SHOWS such as CSI, Gilmore Girls, The Simpsons, and The Real World EXTENSIVE CABLE COVERAGE with more than 1,000 entries, including a description of the programming on each major cable network AND DON’T MISS the exclusive and updated “Ph.D. Trivia Quiz” of 200 questions that will challenge even the most ardent TV fan, plus a streamlined guide to TV-related websites for those who want to be constantly up-to-date SPECIAL FEATURES! • Annual program schedules at a glance for the past 61 years • Top-rated shows of each season • Emmy Award winners • Longest-running series • Spin-off series • Theme songs • A fascinating history of TV “This is the Guinness Book of World Records . . . the Encyclopedia Britannica of television!” –TV Guide

Cisco Networking Academy Program Nov 29 2019 Cisco Systems Networking Academy: Second-Year Companion Guide is a companion and supplement to the third and fourth semesters of Cisco Systems Networking Academy classes. This book will support and reinforce the online training materials for the Cisco Network Academy Program, along with topics pertaining to CCNA certification. The second year course focuses on the practical applications of the topics covered in the first year course. The instructional materials for the Second-Year Companion follows the instructional style and format that Cisco has created for the Cisco Networking Academy Program. Developed with and approved by Cisco, Cisco Systems Networking Academy Program: Second-Year Companion Guide will provide information and presentation unmatched by any other publisher.

IPTV and Internet Video Feb 10 2021 Make the right IPTV business decisions with a thorough understanding of the technology and the business implications of the broadband video revolution. Master key trends transforming the world of broadcast television and the Web with this guide to hardware, software, Internet applications and the wide range of alternative products and services. Explore why IP is the new gold standard for online video delivery and how it will be monetized. Understand the entire IPTV process, with clear explanations of complex technologies designed to help leaders make informed decisions and drive successful strategies. This comprehensive guide prepares you for IPTV's rapid deployment and future growth with features that include: Clear explanations of IPTV and Internet Video networks and applications Overviews of how the technical solutions are being turned into business models Reality Check perspectives in each chapter that illustrate theories with real-world case studies An expanded glossary that clarifies complex, technical jargon * Reality Check perspectives throughout each chapter tie theory to real-world case studies * Expanded glossary clarifies complex technical jargon * Includes clear explanations of complex technologies, for both technical and non-technical professionals.

MCSE--networking Essentials Study Guide Aug 07 2020 edia, standards, protocols, architectures, security and network-support tools, this book is written in accordance with Microsoft's Independent Courseware Vendor program guidelines. The CD contains information resources and a sample testing program.

IT Essentials II Aug 26 2019 This official Companion Guide helps prepare students for CompTIA's Server+ certification exam. Can be used as a prerequisite text to the CCNA curricula through the Networking Academy. The accompanying CD includes instructional videos, interactive simulations, practice exam questions and lab activities.

Linear Programming and Algorithms for Communication Networks Jan 12 2021 Explaining how to apply to mathematical programming to network design and control, Linear Programming and Algorithms for Communication Networks: A Practical Guide to Network Design, Control, and Management fills the gap between mathematical programming theory and its implementation in communication networks. From the basics all the way through to more advanced concepts, its comprehensive coverage provides readers with a solid foundation in mathematical programming for communication networks. Addressing optimization problems for communication networks, including the shortest path problem, max flow problem, and minimum-cost flow problem, the book covers the fundamentals of linear programming and integer linear programming required to address a wide range of problems. It also: Examines several problems on finding disjoint paths for reliable communications Addresses optimization problems in optical wavelength-routed networks Describes several routing strategies for maximizing network utilization for various traffic-demand models Considers routing problems in Internet Protocol (IP) networks Presents mathematical puzzles that can be tackled by integer linear programming (ILP) Using the GNU Linear Programming Kit (GLPK) package, which is designed for solving linear programming and mixed integer programming problems, it explains typical problems and provides solutions for communication networks. The book provides algorithms for these problems as well as helpful examples with demonstrations. Once you gain an understanding of how to solve LP problems for communication networks using the GLPK descriptions in this book, you will also be able to easily apply your knowledge to other solvers.

Network Security Apr 02 2020 Explains how to create a successful security program, covering anti-virus software, firewalls, smart cards, intrusion detection, secure e-commerce transactions, and recommended technical and administrative practices.

A Guide to Selected National Environmental Statistics in the U.S. Government Jul 30 2022 Provides a comprehensive review of government programs that generate environmental and environmentally-related statistics. Describes how the data are collected, what their temporal and geographic coverage is, what experts to contact for more information, and how to acquire the data and the reports that interpret them. Covers 7 government agencies: Agriculture, Commerce, Energy, HHS, Interior, Transportation and EPA. Comprehensive!

The Definitive Guide to Linux Network Programming May 28 2022 A clear, concise treatment of creating clients and servers under the Linux operating system explains how TCP, UDP, and IP work, and shows how to debug networking applications via packet sniffing and deconstruction, using real-world code and plenty of examples. Original. (Advanced)

Absolute Beginner's Guide to Microsoft Windows XP Media Center Dec 23 2021 A detailed overview of the new features of Microsoft's Windows XP Media Center Edition PCs furnishes information on installation and set up, how to integrate the PC with a home network or entertainment center, and how to use such features as the system's Remote Control Interface, My TV, My Music, My Pictures, My Videos, and Play DVD. Original. (Beginner)

The Definitive Guide to Entertainment Marketing Nov 09 2020 Entertainment Marketing NOW: Every Platform, Technology, and Opportunity Covers film, cable, broadcast, music, sports, publishing, social media, gaming, and more Reflects powerful trends ranging from smartphones to globalization Demonstrates breakthrough strategies integrating advertising, promotion, PR, and online content distribution By industry insiders with decades of experience as leaders and consultants Entertainment spending is soaring worldwide, driven by new technologies, new platforms, new business models, and unrelenting demand amongst seven billion consumers. That means entertainment marketing opportunities are soaring, too. But this business is more complex and competitive than ever—and it’s changing at breakneck speed. Now, two leading practitioners show how to transform content into profits today and tomorrow...any content, on any platform, in any market, worldwide. You’ll master innovative new

ways to grab consumers' attention and wallets fast...make your experiences wannasee, haftasee, mustsee...drive more value through social platforms, mobile technologies, and integrated marketing strategies...overcome challenges ranging from bad buzz to piracy...fully leverage licensing, merchandising, and sponsorships...and successfully market all forms of entertainment.

Broadcast Television Feb 22 2022 From unraveling the confusion surrounding digital TV to revealing the inner workings of Nielsen ratings **Broadcast Television: A Complete Guide to the Industry** takes an impartial and in-depth look at the business of commercial television. Unlike many books addressing this topic, the purpose of this primer is not to support a partisan opinion about what is right or wrong with television but rather to provide objective information from which the reader can make his or her own judgments. To that end the organization and presentation style is also unique in that the industry is explained as a dynamic and interdependent system of technology, economics, and regulation. This systems approach to learning helps the reader understand better the interwoven parts of television business. As a concise and highly focused overview of the business of commercial television, **Broadcast Television: A Complete Guide to the Industry** can serve as a stand-alone text or as a supplement to other course readings addressing an array of topics involving television today.

EPA National Publications Catalog Mar 02 2020

From Networks to Netflix Jun 28 2022 Even as the television industry experiences significant transformation and disruption in the face of streaming and online delivery, the television channel itself persists. If anything, the television channel landscape has become more complex to navigate as viewers can now choose between broadcast, cable, streaming, and premium services across a host of different platforms and devices. **From Networks to Netflix** provides an authoritative answer to that navigational need, helping students, instructors, and scholars understand these industrial changes through the lens of the channel. Through examination of emerging services like Hulu and Amazon Prime Video, investigation of YouTube channels and cable outlets like Freeform and Comedy Central, and critiques of broadcast giants like ABC and PBS, this book offers a concrete, tangible means of exploring the foundations of a changing industry.

802.11 Wireless Networks: The Definitive Guide Jul 18 2021 As we all know by now, wireless networks offer many advantages over fixed (or wired) networks. Foremost on that list is mobility, since going wireless frees you from the tether of an Ethernet cable at a desk. But that's just the tip of the cable-free iceberg. Wireless networks are also more flexible, faster and easier for you to use, and more affordable to deploy and maintain. The de facto standard for wireless networking is the 802.11 protocol, which includes Wi-Fi (the wireless standard known as 802.11b) and its faster cousin, 802.11g. With easy-to-install 802.11 network hardware available everywhere you turn, the choice seems simple, and many people dive into wireless computing with less thought and planning than they'd give to a wired network. But it's wise to be familiar with both the capabilities and risks associated with the 802.11 protocols. And **802.11 Wireless Networks: The Definitive Guide, 2nd Edition** is the perfect place to start. This updated edition covers everything you'll ever need to know about wireless technology. Designed with the system administrator or serious home user in mind, it's a no-nonsense guide for setting up 802.11 on Windows and Linux. Among the wide range of topics covered are discussions on: deployment considerations network monitoring and performance tuning wireless security issues how to use and select access points network monitoring essentials wireless card configuration security issues unique to wireless networks With wireless technology, the advantages to its users are indeed plentiful. Companies no longer have to deal with the hassle and expense of wiring buildings, and households with several computers can avoid fights over who's online. And now, with **802.11 Wireless Networks: The Definitive Guide, 2nd Edition**, you can integrate wireless technology into your current infrastructure with the utmost confidence.

Cisco Networking Academy Program Apr 14 2021 **Cisco Networking Academy Program: Second Year Companion Guide, Second Edition** is the revised and improved text companion to the third and fourth semesters of Cisco Networking Academy Program classes. This bestseller, supports and reinforces the on-line learning for the Academy, along with topics pertaining to CCNA certification. The second year of the curriculum deals with the practical application of networking concepts the book will include the following: Learning objectives that the readers will know after completing each chapter Labs that provide students with an active learning experience of network design and development Threaded Case studies that present students with the experience of network developers. These studies will run throughout the book and increase in difficulty, as the case study becomes more involved. Developed with and approved by Cisco Systems, **Cisco Networking Academy Program: Second Year Companion Guide, Second Edition** will provide information and presentation unmatched by any other publisher.

Arizona, the Grand Canyon State Dec 11 2020

WRD Information Guide May 16 2021

Beej's Guide to Network Programming Jan 24 2022 Back in the mid 90s, Beej got tired of all his friends asking him how to do this stuff with networking programming in C, so he put pen to paper on the early World Wide Web and wrote down everything he knew just to get them off his back. Since then, the Guide has expanded significantly, with plenty of examples, and covers IPv6. Inside you'll find such diverse topics as: Sockets programming in the C programming language, client/server, IPv4 and IPv6, data encoding, lots of manual pages rewritten in a friendlier format with examples, and goats! Actually no goats, but goats will be with you in spirit! **Beej's Guide to Network Programming** is also freely available for PDF download online in US Letter and A4 sizes, in its entirety, and always will be--Google for it. The bound version here is provided as a service to those who still prefer the analog printed word. (And to those who want to kick back a few bucks to the author.)

The Definitive Guide to Linux Network Programming Aug 31 2022 * Clear and abundant examples, using real-world code, written by three experienced developers who write networking code for a living. * Describes how to build clients and servers, explains how TCP, UDP, and IP work, and shows how to debug networking applications via packet sniffing and deconstruction. * Well suited for Windows developer looking to expand to Linux, or for the proficient Linux developer looking to incorporate client-server programming into their application.

Electronics Buying Guide Jul 26 2019

The Hitchhiker's Guide to Python Oct 28 2019 **The Hitchhiker's Guide to Python** takes the journeyman Pythonista to true expertise. More than any other language, Python was created with the philosophy of simplicity and parsimony. Now 25 years old, Python has become the primary or secondary language (after SQL) for many business users. With popularity comes diversity—and possibly dilution. This guide, collaboratively written by over a hundred members of the Python community, describes best practices currently used by package and application developers. Unlike other books for this audience, **The Hitchhiker's Guide** is light on reusable code and heavier on design philosophy, directing the reader to excellent sources that already exist.

Deep Work May 04 2020 One of the most valuable skills in our economy is becoming increasingly rare. If you master this skill, you'll achieve extraordinary results. **Deep Work** is an indispensable guide to anyone seeking focused success in a distracted world. 'Cal Newport is exceptional in the realm of self-help authors' *New York Times* 'Deep work' is the ability to focus without distraction on a cognitively

demanding task. Coined by author and professor Cal Newport on his popular blog Study Hacks, deep work will make you better at what you do, let you achieve more in less time and provide the sense of true fulfilment that comes from the mastery of a skill. In short, deep work is like a superpower in our increasingly competitive economy. And yet most people, whether knowledge workers in noisy open-plan offices or creatives struggling to sharpen their vision, have lost the ability to go deep - spending their days instead in a frantic blur of email and social media, not even realising there's a better way. A mix of cultural criticism and actionable advice, DEEP WORK takes the reader on a journey through memorable stories -- from Carl Jung building a stone tower in the woods to focus his mind, to a social media pioneer buying a round-trip business class ticket to Tokyo to write a book free from distraction in the air -- and surprising suggestions, such as the claim that most serious professionals should quit social media and that you should practice being bored. Put simply: developing and cultivating a deep work practice is one of the best decisions you can make in an increasingly distracted world and this book will point the way.

CWNA Certified Wireless Network Administrator Official Study Guide Mar 14 2021 Sybex is now the official publisher for CWNP, the certifying vendor for the CWNA program. This valuable guide covers all objectives for the newest version of the PW0-104 exam, including radio technologies; antenna concepts; wireless LAN hardware and software; network design, installation and management; wireless standards and organizations; 802.11 network architecture; wireless LAN security; performing site surveys; and troubleshooting. Also included are hands-on exercises, chapter review questions, a detailed glossary, and a pre-assessment test. The CD-ROM features two bonus exams, over 150 flashcards, and numerous White Papers and demo software. Note: CD-ROM materials for eBook purchases can be downloaded from CWNP's website at www.cwnp.com/sybex.